

## POST-MASTER'S CERTIFICATE IN NURSING

The master of science in nursing program, upon which the post-master's track is based, is designed to prepare advanced practice nurses at the master's level to practice as case managers for rural populations. Nurses who are already prepared at the master's level for roles such as nurse practitioner, clinical specialist, or nurse administrator and who need case management knowledge and expertise to enact the nurse case manager role can apply for the post-master's track. Students in the post-master's track will enroll in the existing case management courses, but they will not be required to complete the nursing core courses, such as research and theory, if they were completed in the master's program.

### Admission Requirements

Requirements for admission are limited to the following:

1. Master's degree in Nursing or Health related field. BSN from an accredited program in nursing.
2. Current unencumbered RN licensure and eligibility for licensure in Alabama.

Applicants will follow the existing Graduate School admission process.

### Application for Certification

Candidates for certification must apply in writing to the associate dean for academic programs in the Capstone College of Nursing one semester before completion of certification requirements is anticipated.

#### Sample Program of Study

##### Fall

###### Course Semester Hours

NUR 522 Human Relations Management ..... 3

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Total: 3

##### Spring

###### Course Semester Hours

NUR 520 Evidence Based Practice Role and Processes for the Case Manager..... 4

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Total: 4

##### Summer I

NUR 530 Case Management Practicum ..... 6

NUR 580 Fiscal Resource Management ..... 3

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Total: 9

Total hours ..... 16

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The student's transcript and portfolio will be assessed for the following courses or proven expertise. In the absence of transcript credit or expertise evidenced via the portfolio, the courses must be completed.

NUR 501 Theoretical Models for Advanced Nursing Practice with Rural Populations  
NUR 502 Issues in Community Health for Rural Populations  
NUR 595 Issues in Pharmacotherapeutics  
NHM 580 Research + Statistics for Health Professionals  
BSC 529 Advanced Pathophysiology  
NUR 505 Advanced Health Assessment  
CHS 520 Basic Epidemiology

### Course Descriptions

**NUR 501 Theoretical Models for Advanced Nursing Practice with Rural Populations.** Three hours. Pertinent theories with relevance to health care for rural populations from nursing and related fields will provide the framework for consideration of nursing roles in case management. Specifically, the content will be derived from rural nursing theory, ethics, teaching/learning, communication, nursing, health care delivery systems, management theory, change, role delineation, and decision making. Students will apply the theoretical bases to their advanced practice case management role.

**NUR 502 Issues in Community Health for Rural Populations.** Two hours. Students will examine selected issues that affect health care. The organization and financing of health care for rural populations will receive considerable attention. The advanced practice nurse case manager student will gain understanding of the development of health care policy and the ethical, political, economic, sociocultural, and technological forces influencing the delivery of care.

**NUR 505 Advanced Health Assessment.** Three hours. This course will assist the graduate nursing student to further develop health assessment skills for obtaining and recording a systematic health history as well as advanced holistic health assessment of individuals across the life span.

**NUR 520 Based Practice Role and Processes for the Case Manager.** Four hours. Includes the case manager functions of assessing, planning, intervening, monitoring, and evaluating. Emphasized in the course are clinical, financial, and satisfaction goals; responding to complex patient demands and systems requirements; implementing a coordinated, multidisciplinary, collaborative approach to care; and developing, using, and refining case management plans of care. Application of these concepts is begun in the clinical portion of the course.

**NUR 522 Human Relations Management.** Three hours. Focuses on establishing relationships with clients and families, group dynamics, team building, leadership and management skills, negotiation, human diversity in health and illness, conflict management, and rural health issues relevant for case management of rural populations.

**NUR 530 Case Management Practicum.** Three hours. Provides a synthesis experience for students regarding assessing, planning, intervening, monitoring, and evaluating health care. Opportunities for student interaction to facilitate synthesis are provided.

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\*These courses may be taken at UAB, UAH, or USA if available and transferred to UA. See faculty adviser for other options.

\*\*These courses are offered at UA. The additional courses in the curriculum may be offered through UAB, UAH, or USA. Full curriculum outlines are available through the Capstone College of Nursing administrative offices.